

BACK IN MOTION

PHYSICAL THERAPY



Golf Performance & Rehabilitation

Are you experiencing pain, recovering from an injury or surgery, and want to return to playing golf safely?

Do you have joint stiffness or is your fitness limiting your golf game?

IF SO, WE CAN HELP!

Our Golf Performance & Rehabilitation Program Includes:

- A pre and post PT evaluation from Titleist Golf Certified DPT
- Head-to-toe mobility & stability analysis and individualized home program
- Manual therapy treatments and corrective exercises
- Golf specific mobility and stability training
- Video golf swing analysis with TPI's Body Swing Connection (*Golf Fit-Golf Strong only)

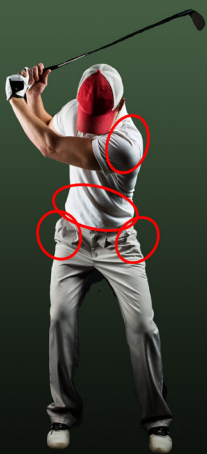


GOLF REHABILITATION (insurance based)

For those in pain or returning from injury or surgery!

GOLF FIT - GOLF STRONG (cash based)

For those wanting to get into the best golf shape!



Benefits of the Program:

- Improved mobility, strength, balance & fitness
- Enhanced golf swing mechanics
- Enjoy the safe return to the game of golf!

Individual and small group sessions are available!