



Back in Motion Physical Therapy is excited to announce their

NEW **Big and Beyond**

Exercise Class for **PARKINSON'S DISEASE**

A small group exercise class specifically designed for patients who have completed the LSVT BIG Program for Parkinson's disease. The class focus is to reinforce the Maximal Daily Exercises for improvements in balance, strength and endurance.

Cost: \$15 per class

Call for current class schedule.

Register early!

*Class size limited
to 6 per class.*



2 Locations:

9447-B Lorton Market St. #250
Lorton, VA 22079
Ph: (703) 372-5716



5695 King Centre Pky, #102
Alexandria, VA 22315
Ph: (703) 924-2650

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